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# THE JOURNAL OF THE AMERICAN ASSOCIATION of Orificial Surgeons

PUBLISHED MONTHLY

Volume II

June, 1914

Number 3



*STUDY the Waste and Repair  
of the Sympathetic Nerve*

Sympathetic Nerve Waste

Three Cases of Asthma

Four Similar Cases. Oh My, Those Nerves!

Sanitation of the Tubercular Patient

---

NANETTA McCALL, Editor

208 NORTH ASHLAND AVENUE, CHICAGO, ILLINOIS



# The Journal of the American Association of Orifical Surgeons

PUBLISHED MONTHLY

By the ORIFICAL SURGERY PUBLISHING COMPANY  
(Incorporated)

25 North Dearborn Street, Chicago, Illinois

NANETTA McCALL, *Editor*

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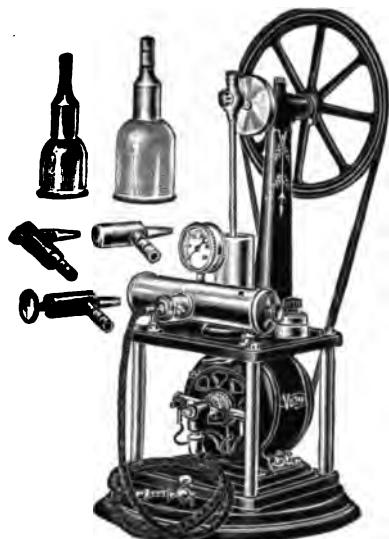
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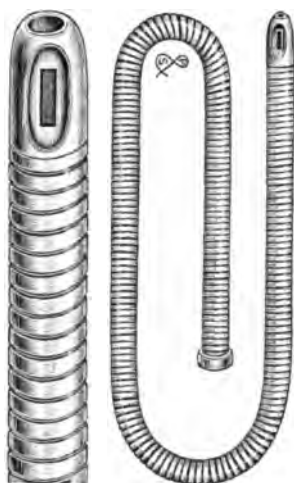
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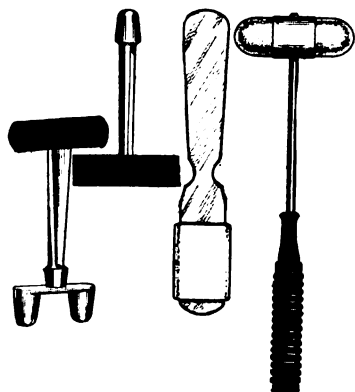
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JUNE, 1914

No. 3

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**"Not in the clamour of the crowded street,  
Not in the shouts and plaudits of the throng,  
But in ourselves are triumph and defeat."**

---

THE UPWARD URGE

**"T**HE world do move." Slowly and *in spite of* rather than *because of* current medical opinion, judges of criminal courts, probation officers, social and philanthropic workers, etc., are realizing that preachments, punishments, fines, discipline of one kind and another are largely wasted effort when applied as the remedy for evil—are like pouring water into a sieve—while being received into the conscious mind, the effect is being dissipated and lost in the overwhelmingly powerful whirlpool of counter influences, not from the outside—no, but influences whose source their punishments, their advice, their fines, the finger of scorn, cannot reach and eradicate,—the messages vibrated into consciousness by the route, the



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workings of which are familiar in their many aspects only to those acquainted with the orificial philosophy, the great sympathetic nerve,—connecting link between the domain presided over by man's educational processes and the domain from which spring forth every thought-creation, every inspiration, every spontaneous act.

The seed which the founder of orificial surgery and his able co-laborers have been planting for more than a score of years, has grown to the stage where it is beginning to bear fruit. As was natural, many people in accepting the idea that there is in most cases a physical cause for shortcomings ranging from trivial misdeeds to crimes, sought the source of trouble in the brain, the organ of thought, *but only the medium* for the *mind* behind the thought, only the part of the human mechanism which, as it were, obeys, puts in orderly condition and physical manifestation the mandates of the *mind*, but never *originates*. Where does the controlling power arise? Where originate the spontaneities? From the source of all knowledge, all creation, all inspiration, the great ocean of supply,—the Divine mind, from which emanate only goodness and wisdom. Why, then, are not all thoughts, all words, all action brought forth, good and wise and true? Why? Because they travel from the great Universal Mind to their ultimate destination in the brain by way of the *sympathetic nerve*, and if in its course or at its terminals, this route is pinched, twisted, embarrassed, as it were trodden upon, the thought, the message is distorted, pinched, twisted. As two negatives make an affirmative, so truth in this way may be turned to falsehood, and the one giving it forth, himself believe it to be true. In the words of Dr. Pratt, the white light of truth is turned into rainbow hues.

Theories alone do not have much weight, nor should they, perhaps. But during these years occasionally an orificial surgeon has reported the cure of a Moral or Mental Sickness through orificial work. Of late years these cases have multiplied, and the people—just the PEOPLE, women who have been willing to forego many pleasures of life for the sake of helping the sick and the so-called sinful; men interested in human welfare,—have begun to take notice. Such

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are the ones who with *unprejudiced* eyes are willing to SEE, and are anxious that the ones in whom they are interested have the benefit of orificial work.

In the great effort to help the morally sick, lately there has been established in Chicago and a few other places, in connection with juvenile courts, Psychopathic Laboratories, and similar departments. Of these, Chief Justice Olson of the Municipal Court of Chicago, is quoted as saying, "I think it will do a great good in proving that disease, instead of deliberate criminality, is the cause of the majority of crimes." Judge Olson has been for years not only an eminent jurist, but a leader in purity and public welfare work. Right here, however, is where orificial surgeons should GET BUSY. At present the knowledge which fits men and women to be members of the medical examining boards in cases of youthful criminals, is possessed only by those who have given especial attention to the orificial philosophy. Outside of the orificial surgeon, the opinion of most medical men on this subject is much the same as that expressed in one of the courts of Chicago not long since, to the effect that no mental trouble was ever cured by treating any part other than the brain, and no moral perversion was ever cured by physical treatment. The man voicing this view is, according to *his* story, a skilled alienist, spending, however, a large portion of his time testifying for traction companies; but of him we shall say more later.

The laity, the legal profession, settlement workers and parents are eagerly waiting for the message and the knowledge which ONLY ORIFICALISTS can give. A *few* of the orificial surgeons in our society are *giving* it. The Doctors Muncie are doing great work in their sanitarium, about which we shall tell you in a later number; they are not confining their work to sanitarium service, however, but are lecturing, putting in a word here and there, hammering away and COMMANDING ATTENTION. Every orificial surgeon in every city and town can do the same or similar work. *But* as we have said before, disorganized doctors are discordant, dissevered, and almost useless. We quote from a letter received from our secretary, Dr. Guild:

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"Go through the world's history, if you please, and pick out the great reforms, great philosophies, great truths. You will find that those which endure have endured because of the organization and systematic, untiring efforts of leaders and hearty, earnest co-operation of the associates. Many admirable enterprises, many excellent ideas, many wholesome truths, have failed to impress the world not because of their excellence, but because of the looseness and laxity displayed by sincere supporters; while half-truths and almost ignoble ideas have reached the zenith through systematic, organized efforts. Compare, if you please, the great medical associations. Go to the business world; the world of sports; to our own profession, and you will find thousands of examples illustrative of the necessity for backing up the truth to insure its dissemination."

Nothing is achieved without a large amount of *organization* and a *certain* amount of *politics*. In the appointment of members of medical examining boards to examine into the physical causes for crime, the influence of ORGANIZED effort should be brought to bear. Individual work helps, but it is *insufficient*. With hearty co-operation on the part of every man and woman now a member of the National Orificial Association, almost a revolution in present *ideas* and *knowledge* of *causes* of crime could be effected within a year's time, to say nothing of the eradication of much chronic physical suffering and disease.

---

Ladies and gentlemen of the society, the above is not a mere dream. From the comparatively limited field already covered by the JOURNAL, we are receiving inquiries for orificial surgeons, from all over the land. We have even adopted the extreme resort of placing in our advertising section occasionally an inquiry for the address of orificialists in isolated parts of the country. The renaissance of orificial surgery will surely come, but why not immediately bring it about? Why not without delay, reap the mental satisfaction and financial benefit?

With the talent now existent in the National Orificial Society, with the co-operation of every one of them, with the financial

## JOURNAL OF A. A. O. S.

means which could be furnished if every member felt that even a small obligation rested upon him personally, there could be procured and set in motion a National Sanitarium and Vocational Farm where the sick of all kinds could be treated, where clinics and classes could be held, where inspiration could be gained and profits accrue to the *organization* as a whole and its members as individuals, where the supremely important morally sick cases could have the absolutely necessary *after attention, discipline* and encouragement while the *CURE* is going through its *growing pains*—the *aggravation*. Most cases of criminals were in early years merely physically defective.

---

If you, reader, happen to be one of those who care not for the mental and moral effect of the orificial work, maybe do not believe it, all right, the orificial amphitheatre is large; no reserved seats. Make yourself happy in any part of the field you want to, and confine your attention to the merely physically miserable, asthmatics, rheumatics, etc., etc. The sphere of your activities will not be abbreviated. Starting with orificial surgery, there is plenty of opportunity to also make use of every other healing measure under the sun, and—there's room at the top of the orificial ladder.

As the Doctors Muncie have done in Brooklyn, as Dr. Pratt has done in Michigan, Chicago, Minnesota, Kansas and Missouri, so can every orificialist in the United States do. Select a case from the probation court and **MAKE GOOD**. The psychological moment is now, *now* is the time to prove the faith that is in you. Social workers are *calling for your work*. You, doctor, may be in a territory where you are the only adherent of the orificial philosophy, but what other orificialists can do and have done, you can do. The only caution needed is to follow the case to a finish.

The members of the Psychopathic Laboratory in Chicago, are at last alive to the fact that youthful criminals brought before the bar of justice deserve pity rather than punishment,—exactly the same sentiment voiced by Dr. Pratt for twenty-eight long years, "They are sick and need curing rather than an exhibition of vin-

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dictiveness in the way of punishment," during which the medical profession as a whole failed to grasp and act upon it. BUT the difference between the remedies proposed by the physicians having these children in charge and the remedy not only proposed but in thousands of private cases *successfully* APPLIED by orificial surgeons is the difference between tinkering around with *effects*, and going to the fountain head. Work upon the eyes, ears, nose and throat, is all good for *finishing* touches, but bears the same ratio of *proportion* in the *cure* of a mentally and morally sick person as hanging beautiful paintings upon weak, crumbling walls of a building.

---

When you meet a man in woe,  
Walk straight up and say "Hello!"  
Say "Hello!" and "How d'ye do?"  
"How's the world been using you?"  
Slap the fellow on his back,  
Bring your hand down with a whack;  
Waltz straight up and don't go slow,  
Shake his hand and say "Hello!"

Is he clothed in rags? Oh, ho!  
Walk straight up and say "Hello!"  
Rags are but a cotton roll  
Just for wrapping up a soul;  
And a soul is worth a true  
Hale and hearty "How d'ye do?"  
Don't wait for the crowd to go;  
Walk straight up and say "Hello!"

When big vessels meet, they say,  
They salute and sail away;  
Just the same as you and me,  
Lonely ships upon life's sea,  
Each one sailing his own jog  
For a port beyond the fog;  
Let your speaking-trumpet blow,  
Lift your horn and cry, "Hello!"

Say "Hello" and "How d'ye do?"  
Other folks are as good as you,  
When you leave your house of clay,  
Wandering in the far-away;  
When you travel through the strange  
Country far beyond the range,  
Then the souls you've cheered will know  
Who you be, and say "Hello!"

—Sam Walter Foss, in New York Weekly.

# Important Contributions

## SYMPATHETIC NERVE WASTE

E. H. PRATT, M.D., Chicago, Illinois.

**What Causes Sympathetic Nerve Waste. How to Examine Case Orificially. How Can Difficulties Encountered Be Corrected?**

### The Female

#### THE MEATUS URINARIUS

THE nervous relationship between the meatus urinarius, the bladder, the ureter and the kidneys, renders it exceedingly important that the meatus urinarius be in a perfectly normal state. This is the mouth of the urinary tract, and as the irritation of an organ starts at its mouth, here will be first located the condition of irritation that will, later on, result in bladder, ureter and kidney trouble. At the meatus urinarius there are four deviations from a normal condition which are very frequently met with. These are:

A. *A narrowing of the meatus, constituting an inadequate opening.*

B. *A ragged margin of the meatus, constituting a circular fringe, characterized by small tooth-like projections.*

C. *Over-distended mucous glands, commonly known as Skene's glands, encountered either in the lateral margins of the meatus or extending laterally from them to a short distance just above the attachment of the hymen.*

D. *The urethral caruncle.*

It is never necessary to incise the female meatus urinarius. Dilation can be usually relied upon to secure an opening of adequate calibre. Perhaps the simplest and most practical way to accomplish this, is by the introduction of female graded steel sounds. A meatus



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that will pass a 16 or 18 English scale sound may be considered of ample calibre for practical purposes. A urethral bivalve speculum or, indeed, an ordinary artery forceps, introduced when closed, drawn out with its blades expanded to a judicious degree, may also be employed, if preferred; but the female sounds are better, as they eliminate the element of guess work, and furnish a definite standard for the dilatation.

*The Urethral Fringe.* As a normal urethral orifice is always smooth, it is a mere matter of common sense, when it presents a ragged appearance, to merely, with a pair of scissors, aided by a tenaculum or a pair of tissue forceps, trim away all projecting points, and thus secure a smooth, even margin for the meatus. Hemorrhage is never excessive and stitching is never required.

*Skene's Glands.* Where the margins of the meatus are thickened or everted, or both, careful inspection will usually locate laterally, one or more small dimpled spots, into which can readily be inserted the sharp point of a curved bistoury or a hysterectomy knife. It is not uncommon to find these glands a quarter of an inch in depth. When normal, they are microscopical. When large enough to be seen or to permit the entrance of an incising blade, they have become pathological and are to be dealt with by simply slitting them open throughout their entire length. This treatment seems satisfactory, not only for the glands which occur on the immediate margin of the meatus, but for those that are found located for a short distance laterally, just above the attachment of the base of the hymen. Beneath the orifice of the urethra an exuberance of mucous membrane will sometimes be found, which would better be trimmed away. As the object to be accomplished in this locality is to secure a perfectly smooth and normal urethral area, the correct thing to be done will at once suggest itself to the operator. The excavations caused by enlarged mucous glands must be laid open; rough places must be smoothed and an insufficient calibre must be rendered adequate.

All good surgery is merely the application of common sense to all abnormal conditions encountered; and there is no place in the whole field of surgery where it is more in demand or more readily applied than in the region of the female meatus urinarius.

*Urethral Caruncle* is invariably located at the lower border of the meatus urinarius. It appears to be a rounded, thickened, fiery red projection of mucous membrane, with its normal underlying

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tissues extremely exaggerated and protruding from the meatus more or less prominently. It is sessile and extends but a very short distance up the urethra. In removing it, it is to be seized with a tenaculum or forceps, completely everted from the meatus, and snipped away with a pair of scissors. The chief point to be observed in removing it is to cut deep enough to excise its base; otherwise, it is liable to recur.

Urethral caruncle differs in one respect from other forms of irritation which appear at the orifice of the urethra. It seems to be closely associated with uterine conditions, especially with stenosis or some other form of irritation at the internal os uteri. For this reason its complete cure will depend, not only upon a thorough excision of its base, but also upon the correction of whatever difficulty is encountered at the internal os uteri.

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**"The period of greenness is the period of growth. When we cease to be green and are entirely ripe we are ready for decay."**

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Of the many successful surgeons who have for years made use of orificial methods in their handling of cases, none is more favorably known than the author of the following article, Dr. M. K. Kreider, of Goshen, Indiana, and we are especially pleased to present a contribution from his pen. All who have for any length of time attended the conventions in orificial surgery will remember Dr. Kreider as not only an entertaining writer, but also possessed to a high degree, of "The saving sense of humor." He has made many notable cures of insanity and reported a large number to the Orificial Society.

Dr. Kreider has for a number of years practiced and lived in Goshen, Indiana, being one of Doctors Kreider Brothers. Goshen is a city of perhaps ten thousand inhabitants, beautifully situated on the Elkhart river in northern Indiana; a city of beautiful homes, abounding in shade trees which gives the city the name of the Garden Spot of Northern Indiana.

One of the late acquisitions is a new hospital which was dedicated to the public January 1, 1914. The hospital is equipped with all modern paraphernalia and improvements affording possibilities of the broadest and most effectual work.

## FOUR SIMILAR CASES—OH MY, THOSE NERVES!

M. K. KREIDER, M.D.,

Goshen, Indiana.

**T**HERE is a unity or sameness in all psychological phenomena. We do not realize it until we have a repetition and then another, and finally a cycle of events that center toward the hub, like the spokes in a wheel.

Four cases of sympathetic or reflex nerve trouble coming one after the other in rapid succession, and all running a similar course sympathetically and psychologically, causes one to halt and consider. The history of one of these cases in the main suffices for all the rest.

CASE No. 1—Miss M., aged 36 years; large and well nourished. Nervous from childhood; had eczema when quite young, which lasted until after puberty; skin always rough and scaly. During the last year she grew more nervous, becoming sleepless at night, and her mind began to give way. She had hallucinations and forebodings; would get up at night and scream; begged for some one to shoot her. Her mind became entirely dethroned and preparations were made to send her to an asylum.

At this juncture she was brought to me for examination. It takes only five minutes in a case of this kind, for one familiar with the official philosophy to advise the patient and friends what is to be done.

She was taken to the hospital and operated upon October 31, 1913. She had a hooded clitoris and remnants of the hymen, while the introitus vaginæ was studded with numberless papillæ, and very irritable. She also had a few hemorrhoids, pockets and papillae in the rectum.

The clitoris was unhooded (circumcision), remnants of hymen and papillae removed; uterus dilated, cleaned out and packed; rectum dilated, and piles, pockets and papillae removed.

This patient improved from the start. Her nerves became more quiet, she slept better and expressed herself—"Life is worth living

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again." Since January first she has been doing light housework and during the months of April and May has been engaged in nursing.

CASE NO. 2—Miss L., aged 20. Unfortunate birth. Parents and grandparents had no regard for the law of eugenics. In both instances they married cousins. This young lady was born a natural neurasthenic; brimful of hallucinations and delusions. She became sleepless and wild, and at night would often scream at the top of her voice. She did not want to be left alone for a minute. She had suicidal tendencies. An attempt to reason her out of one delusion only threw her into another, each edition greatly magnified. On January 26th of this year the following work was done upon this patient: Clitoris unhooded and long prepuce circumcised; rectum dilated and cleared of several hemorrhoids, pockets and papillae. As in the previous case all around orificial work was done.

Owing to the legacy which this patient unfortunately received as her birthright, we did not expect any great improvement in so short a time (four months). She has made a slow but gradual improvement up to the present time. She sleeps well and all things seem favorable for a complete recovery.

CASE NO. 3—Miss W., aged 22. Father in an asylum and pronounced incurable. Neurasthenia on the mother's side.

This patient like the two previously mentioned, had a hooded clitoris; hymen rigid and tough and completely intact. Rectum contained pockets and papillae. She had the wild, staring look of one whose reason was dethroned. She was sleepless at night and tried to get away. It was necessary to have an attendant with her continually. Formerly she had taken great interest in church and Sunday School work, but now had lost all interest in them. Brooding over her father's condition, and a consciousness of probably sharing the same fate, with a sympathetic nervous system all out of tune, drove her to insanity.

This case was operated upon four months ago, and has in this short space of time made a wonderful improvement. She now attends church and Sunday School regularly and is quite herself again.

CASE NO. 4 tallies with the rest without presenting any new features.

These patients all have vivid imaginations. Fear is also a fixed principle; fear of insanity, fear of having some incurable malady, as heart disease, cancer, tuberculosis or any kind of nightmare

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imaginable.

It is a psychological fact that a thought, no matter how insignificant, if harbored in the mind for a certain length of time, will reach the motor tracts of the brain, and then spring into action. This is a form of insanity, and under its influence suicide, murder, homicide, and other crimes are committed. These cases all have some form of sympathetic nerve derangement. Do all around orificial work; free the sympathetic nerve, increase capillary circulation, and you will sidetrack morbid imaginations that are becoming fixed and it aids the patient in losing his energy for certain fixed ideas.

I take pleasure in presenting these few formidable cases to the readers of the JOURNAL. We all have them, and the satisfaction of having a means, "Orificial Surgery," to reach these hopeless cases is truly a Godsend.

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Enclosed find check for renewal of my subscription. My heart would make it one thousand dollars or more. Nothing in American publications excels the Journal.—A. B. Grant, Albion, Michigan.

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### THREE CASES OF ASTHMA

EUGENE HUBBELL, M.D.,

St. Paul, Minnesota.

CASE 1. Male, aet 32. Railway engineer. Has suffered from spasmodic asthma for many years. Could not enter roundhouse or any place where there was smoke on account of the choking effect rendering breathing difficult. Also suffered from constipation, and much gas in the stomach. Indigestion also common in his case. When these conditions were worse asthma was much aggravated. He had tried many doctors and patent medicines, but without relief. A thorough emptying of the bowels would invariably give considerable relief during the attack. He had hypertrophy of turbinated bodies, so that nasal breathing at times was impossible. Also had internal hæmorrhoids, pockets and papillæ, and elongated foreskin, short frenum and swollen prostate.

TREATMENT—He was given general anæsthetic, circumcised.

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frenum released, rectum thoroughly dilated and hæmorrhoids, pockets and papillæ removed. Sigmoid was gently dilated. Soon after this the turbinates were cauterized under local anæsthesia, followed by the use of antiseptic alkaline sprays until there was free passage for air, and all parts made normal. The asthma disappeared and has never returned (now many years) and his bowels became and have remained regular in action. There has been no more stomach trouble since this treatment.

CASE 2. Male, æt 35. Express agent. Had periodical attacks of asthma. Returning late one evening from a boat ride in the damp air, he was suffering severely with an attack; breathing was so difficult he could scarcely walk and was unable to lie down. He was placed in a semi-recumbent position; the operator's thumbs were inserted into the rectum, and the sphincters gently and intermittently dilated three or four times, when he could breathe as easily as ever. He afterwards had two small papillæ and three sacculi horneau removed by means of the tenaculum and curved scissors, and rectum dilated under general anæsthesia. After this he remained free from any attacks of his former trouble.

CASE 3. Maiden lady, æt 29. Had frequent attacks of spasmodic asthma upon taking the least cold; cough and asmatic breathing very severe, so that it was impossible for her to lie down. I was called one evening to see her in one of these attacks, which had lasted forty-eight hours. It was impossible for her to lie down or get any sleep. I prescribed for her medicinally, but without much change in her condition. Called next morning, but she had not been able to sleep any, breathing still extremely difficult and very labored. Without any anæsthetic I succeeded in tilting her body to an angle of about forty-five degrees, inserted a bivalve speculum into the rectum, and dilated same carefully, immediately releasing it so she could get a breath, (for she could not possibly breathe while rectal walls were distended.) The dilating was repeated at intervals of fifteen seconds, three or four times, and the speculum was drawn when she remarked, "I can breathe all right now." She lay down with only two pillows under her head, and fell asleep in five minutes, and slept for eight hours, then arose, eat a hearty meal and slept all night. She remained free from subsequent attacks for a period of a year when she passed from the writer's observation.

Many cases similarly treated could be reported. Sufficient time has elapsed (several years) so that the results have proven per-



manent. The reason is that this kind of work improves the circulation of blood, also the nutrition, metabolism and elimination of toxins; hence the good results.



## Notes and Siftings

Dr. H. D. Fair of Muncie, Indiana, a frequent contributor to the Journal, is taking post graduate work in New York. He expects to be home again July first.

C. S. Shill, M.D., of LaFayette, Indiana, an attendant at the Chicago clinics in orificial surgery for the past ten years, writes from Northwest Canada where he has extensive agricultural interests, "I wish you the best success in the world with the best JOURNAL. Shall try to be at the convention this fall."

Dr. E. H. Pratt will attend the American Institute of Homeopathy at Atlantic City, after which he intends to spend some eight weeks rustivating on a ranch in the State of Washington.

The Illinois Homeopathic Medical Association held its annual meeting, the fifty-ninth, at Hotel La Salle, Chicago, May 12-14. From beginning to end it was an extremely interesting, profitable session, though not so well attended as some former ones. The meetings were held in the famous "Red Room" of the La Salle, while the exhibitors displayed their goods in the banquet hall. Officers elected for the next year were, President, A. C. Tenney, Chicago; first vice-president, W. M. Honn, Champaign; second vice-

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president, R. H. Street, Chicago ; secretary, G. M. Cushing, Chicago ; treasurer, E. C. Sweet, Chicago ; business manager, C. A. Harkness, Chicago.

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The American Institute of Homeopathy meeting is June 28 to July 4th at Atlantic City. Some extremely important matters are contemplated, as the arranging of a meeting of a committee appointed by the Institute and one appointed by the American Medical Association for a thorough test of the law of similars.

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Dr. L. C. Bracken, county coroner, Columbus, Indiana, cheers us with the following letter :

I have enjoyed the Journal so much that it seems a long time between copies. Only wish it were a bi-monthly journal. I could hardly realize that I had received it for a year, but since your reminder I know I have. Enclosed find renewal subscription.

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Dr. S. C. French, formerly of Clintonville, Wisconsin, has located in Manitowoc, Wisconsin. We bespeak for him professional and financial success, as we know he is abreast of the times in his investigations and manipulations of therepeutic measures.

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The clinic in orificial surgery held by the Minnesota State Society of Orificial Surgeons at St. Barnabas Hospital, Minneapolis, May 19th, was well attended, and much interest manifested. Some of the cases operated upon were specially good ones for demonstration of the need and applicability of orificial surgery. Dr. Pratt was chief operator. The Minnesota Society numbers in its membership some of the best surgeons in the National Association and in the State of Minnesota. This is the second clinic held by this society within a year.

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Dr. Elizabeth-Hamilton Muncie is as usual, doing splendid work in the East. Some very important lecture work has been done in New York, resulting in surgical cases from probation officers and the courts, more particulars of which will appear later in the Journal.

In Titusville, Pennsylvania, Dr. Muncie gave eleven lectures in three days ; the first to women ; second to a mixed audience ; third to a crowded audience of men ; others to high school boys, high school girls, grammar school boys and grammar school girls ; and an important hour and a half of answering questions.

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Dr. Heman Grant of Albion, Michigan, who has been associated with his father, Dr. A. B. Grant, in the Grant Hospital at Albion, has recently moved to Missouri to take a contract practice. Dr. A. B. Grant intends to make extensive improvements at Lewiston Park Resort, Michigan, this season.

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On May 13, 14 and 15, the Illinois State Eclectic Medical Society held its annual meeting at Hotel La Salle, Chicago. So many prominent, successful physicians are members of this society that the meetings cannot help being of great interest. A number of doctors of world-wide reputation were heard, among them Dr. E. H. Pratt, Dr. Finley Ellingwood, editor of *The Therapist*, and Dr. Edith Lowry Lambert, whose works on personal purity are so popular and well known.

The newly elected president is Dr. Thomas Owings of Hinckley, Illinois. The Society is to be congratulated upon the choice of president. The other officers elected were first vice-president, Dr. John P. Bennet, Chicago; second vice-president, Oscar Jesse Brown, DeKalb; secretary, Charles H. Hulick, Shelbyville; treasurer, J. E. Connett, Lawrenceville; corresponding secretary, Harry Killene, East St. Louis. The next meeting will be held in Chicago the last Wednesday in May, 1915.

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Dr. H. Michener of Wichita, Kansas, recently encountered an unhappy experience with his office apparatus. He writes: "I invested several years ago in an X-Ray machine. It was one of the first in this part of the country and I used it extensively. I managed to burn myself quite frequently so that finally I had to go to a hospital as a patient instead of an attendant, and as they thought so much of me there, I accommodately let them remove part of my left hand to keep as a reminder. It is getting along nicely, and I will soon be able to slap my friends in the face with it. Wouldn't dare to slap anybody else as he might resent it."

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The annual graduating exercises of the Hahnemann Medical College, Chicago, May 28th, at the Illinois Theatre, when a large class was graduated with appropriate and impressive ceremony, were more than ordinarily interesting. The address to the class by Dr. O. S. Runnels of Indianapolis, was scholarly, wholesome and impressive, containing a vivid presentation of the importance of attention to the waste and repair of the sympathetic nerve.

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Strictured conditions of the colon are most likely to be located at the base of the appendix, at the cæcum, about the middle of the ascending colon and at the hepatic, splenic or sigmoid flexures of the large intestine.—*E. H. Pratt, M.D.*

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In employing orificial surgery in connection with general surgery, the proper procedure is to exhibit general surgery first, following this with the orificial work in order to disperse the congestion incident to whatever type of general surgery was undertaken. While this rule generally stands good, there is, at least, one conspicuous exception to it. In cases of laceration of the cervix combined with retroflexion or retroversion of the uterus sufficiently extreme to call for ventral fixation, the process of operating upon the cervix after the fixation would endanger the uterine moorings. In such cases, therefore, the orificial work should precede the celiotomy.

Abdominal work, however much necessitated, however skillfully performed, in no way obviates the necessity of performing what orificial work the case may require.—*E. H. Pratt, M.D.*

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Cheerfulness is a small virtue, it is true, but it sheds such a brightness around us in this life that neither the dark clouds nor the train can dispel its happy influence.—*E. V. B. Alexander.*

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I suggest, if oozings or pruritis is present, look for fissures. Insert the finger, well anointed, to find tenderness, fissure cracks and irritation that cause spasmodic contractions of sphincters which require dilatation almost daily, as the muscles are like rubber bands that retract when loosened, or relax when stretched. This gives rise to a crampy condition in the rectum much like cramp colic.—*Charles C. Thornton, M.D., Thornton, Miss.*

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I am sending herewith two dollars as a payment on my next year's subscription, and I want it to continue, for I get a great deal of good out of the Journal and lose very little time between its reception and its reading.—*L. V. Dawson, M.D.*

Reprinted from Brooklyn "Citizen"  
of June 16, 1914.

## THINKS WAYWARD GIRL IS CURED

### Surgeon Predicts Full Success of Operation

#### BENT BONE IN NECK IMPEDED BLOOD FLOW

**Six Months' Period of Probation for Patient Who May Become Stenographer—Wandering Instinct Never. Caused Loss of Self-respect.**

Dorothy Schloss, the 17-year-old girl who has attracted so much attention because of her wandering habits, is to-day reported to be in good condition following the four operations performed on her yesterday at the Muncie Sanatorium, No. 119 Macon street. It is expected that since her physical disabilities have been corrected she will no longer be affected by the nervous disorder that caused her to wander about, and will soon take a useful place in society.

The girl has been in and out of employment many times since the death of her father, four years ago. Before that time she lived at Marcy and Myrtle avenues, but since then she has been in many places, including most of the charitable institutions. She has been unable to hold a position for any length of time, and her reputation was well known to the probation officers and in the institutions. A probation officer who became interested in her called her case to the attention of Dr. Elizabeth Muncie, who, with her husband, Dr. Edward H. Muncie, and her son, Dr. Curtis H. Muncie, conduct the sanatorium that bears their name, Marcy avenue and Macon street. Dr. Muncie found that despite the fact that she had very little school advantages, the girl was highly intelligent and although she had wandered about homeless

for most of the time, she was in no way immoral and had lived an upright and clean life. Dr. Muncie found from a physical examination of the girl that a bone in the neck needed to be straightened so that there might be the proper blood circulation in the head. There were several other ailments which needed correction, and the girl was advised to go to the sanatorium for the operations. This she consented to, and they were performed successfully yesterday.

Dr. Elizabeth Muncie explained to-day that the first operation was a bloodless one performed by Dr. Curtis Muncie on the bone of the neck. Dr. Edward H. Muncie operated for adenoids, and she performed two official operations. The girl was under the influence of an anesthetic for an hour and a half, but came through very well. This morning she feels much better and brighter and is beginning to hope for the time when she will be up and about again.

Dr. Muncie, in talking about her, said:

"She is a beautiful and intelligent girl who has gone along being misunderstood by every one. She suffered from a lack of co-ordination of the nerve systems, not through any fault of her own but because of her physical disabilities. Now that these have been corrected, I hope her trouble is over."

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**He who seeks wealth sacrifices his own pleasure, and, like him who carries burdens for others, bears the load of anxiety.—Hitopadess.**

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"It is not enough to believe what you maintain, you must maintain what you believe; and maintain it, because you believe it."

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I wish to recommend Ung. Mentha Viridi Comp. (Spearaline) to the orificialists. They will find it one of the most useful remedies they have ever tried. Used in any place where they wish a soothing and healing application, and they will find it more than fills the bill. I know the firm that manufactures the preparation, and I know the ingredients are of the highest quality and that the medicament will do all the makers claim for it.

This recommendation is made unknown to them, but I don't care. Whenever I see a good thing I believe in pushing it along whether it wants me to or not—Dr. H. Michener.

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Doctor, you are invited to send to us for this Department any measure, method, remedy of any kind which has helped you; our readers are not of any exclusive school, or branch of the healing art, and items from the practice and experience of all doctors are most welcome.

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All forms of melancholia, from a too sober face and an ordinary attack of the "blues," to suicidal tendencies are, *in all cases associated with some form of colonic catarrh*. While the lower orificial work is always necessary in such cases to assist in establishing abdominal respiration as a life habit; to increase the supply of oxygen by deepening the respirations; to re-establish a normal capillary circulation throughout the body and to economize the expenditure of sympathetic nerve energy, in the severer types of chronic disease an abdominal exploration will frequently be found necessary for the purpose of removing all obstructions to a free peristaltic action of the colon.—*E. H. Pratt, M.D.*

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As an aid in preventing shock after operations, a good measure is ten drops each of arnica and aconite in separate glasses of water, taken in teaspoonful doses, alternate hours for a day or two.

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Here's to our enemies who spur us on to achievement for which our friends praise us, with thanks to all and most especially the *Order of th Exclusive Fifty*.



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**There are three whose life is no life; he who lives at another's table; he whose wife domineers over him; and he who suffers bodily affliction.**  
—Talmud.

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**HOW TO COLLECT A DOCTOR BILL.** By Frank P. Davis, M.D.  
Published by Davis Magazine of Medicine, Enid, Oklahoma. Price, \$1.00.

This little book of 100 pages contains in every sentence information of the most practical value on this extremely important phase of a doctor's life. Its plan, if followed, will accomplish results in getting the money while retaining the practice. It is written in Dr. Davis' usual happy, entertaining style, but besides being agreeable reading, contains specific directions, forms of legal papers, the exemption laws of the different states, and other information which will save many a reference to statute works. It deals not in *theories* but in *methods*. Anyone in any business could read it with benefit, most especially the doctor.

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A boy, two and one-half years old, who has had indigestion all his life, was brought to me three weeks ago after having had all that medicine could give, with no results. His face was drawn and pinched and carried that anxious look so common with children suffering from lower outlet abnormalities.

Examination revealed a prepuce adherent about the meatus, but far enough back on the glans to escape careless observation of the former physicians.

A slit of the prepuce on the dorsum with breaking up of adhesions and removal of much smegma, changed the little fellow's countenance so quickly that the mother could hardly believe her eyes when she returned to him. He has gained much in weight, and parents say he is a different child. Operation under local anæsthetic (Alypin).—H. S. Beckler, D.O., Staunton, Virginia.

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"Shmile und de world shmiles mit you;  
Laugh, und de world will roar;  
Howl, und de world vill leaf you,  
Und nefer come back any more.  
For all of us couldn't been handsome,  
Nor all of us veer fine clothes;  
But a shmile vas not exbensive,  
Und covers a world of woes."

## Miscellaneous

A LETTER—written to a doctor friend, which we make no apology for reproducing as a MASTERPIECE.

**A**LWAYS remember that the cure of chronic cases, whether they be physical, mental or moral delinquents, and perfectly regardless of measures by which the cure is effected, is very liable in a large percentage of cases, to induce aggravations of a longer or shorter period, and the case is made worse. In homeopathic practice this is called aggravation; in mental and spiritual healing it is known as chemicalization; in housecleaning it is recognized as raising the dust when you sweep. Without the recognition of this great fact by the laity as well as doctors, healing measures are very liable to undergo undeserved criticism and even condemnation.

The ultimate triumph of the work, when it comes, is likely to be awarded to the last measure which was being employed and which in all probability, was unnecessary, as in the course of time, when reaction was fully established, the cures would have been effected just the same.

Again let me emphasize this one point of the liability of temporary aggravation in the condition of all chronic cases in the process of curing them. What is wanted in these aggravations, of course, when they do come, is eliminants—measures which stimulate the funeral trains of the body to carry off the debris which has been stirred up by the increased vitality with which all the organs and tissues of the body are flooded—those salt baths by the Chemical Specialties Company of Chicago, the Russian mineral oil or other similar products which are lubricants and not purgatives, various intestinal disinfectants, germicides which act chemically on poisonous debris, kidney and heart stimulants, homeopathic prescribing, the various forms of manual therapeutics, osteopathy, chiropractic, massage, Swedish movement cure and various forms

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of electricity, especially the slow sinusoidal current, spondylotherapy and its wonderfully effective measures in properly selected cases, for which great thanks is due to Doctor Abrams; and, always to be remembered, abdominal respirations with calisthenics, preferably in the horizontal position, as suggested by Stanford Bennett in his remarkable book, *Old Age; Its Cause and Prevention*; not forgetting in the taking in and giving out of the breath to ask the patient to focus his attention on Health, Life, Truth; God, Christ, or any of those big words that are comprehensively useful in all cases; or similar specific words, that are especially indicated in individual cases.

A patient should be taught that the proper way to overcome bad habits of mind or body, is to leave the task entirely to be mastered by good habits; just as darkness is to be mastered by light, cold is to be overcome by heat; truth is the one cure for error, etc., etc.

What a great joy it is to watch the convalescence of these chronic cases after the orificial work has been accomplished and "The Life Wire" put in perfect repair, as by some one, or all of the measures mentioned, or others not enumerated, bodily organs and tissues are relieved of their impurities and the physical housecleaning is gradually secured.

There is no means of cure that is not wanted and there is no remedial measure that has ever gladdened the sick room, that will not find its proper recognition and employment in the cure of these chronic cases; and the first work—the foundation of all permanent work—must surely be, the detailed, skillful, scientific application of the orificial principle to any and every case.

Not all will require operative interference, by any means, but, by *some* method, all *sympathetic nerve waste must be stopped* and the successful *repair of* the sympathetic nerve must be accomplished. When the "Life Wire" is once more in successful operation, the health current again begins its wonderful work of rebuilding organs and tissues and establishing throughout the body the orchestral harmony called physical health, from which comes all desirable growth and achievement on every plane of human activity.

Merely physical patch work is but a makeshift in medical practice. No method of cure is worthy of employment that does not improve capillary circulation and, at the same time, clarify the spontaneities.

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This repair of the sympathetic nerve after the manner of the officialists, is so all important just for these reasons: It increases the oxygen supply, it improves the capillary circulation throughout the entire body, and, more than all else, it scatters fears and dries up tears; it disperses anger and hatred and ushers in love and gratitude and kindness. It removes despondency, it establishes trust and faith; it cleanses from lusts and leaves the whole body with a glowing impulse of the love of service.

This slogan of ours: "Study the Waste and Repair of the Sympathetic Nerve," is truly the mascot of the medical practice and, praise be, will serve as a sure guide to the cure of the sick.

My dear friend, although space intervenes, my hand reaches out to yours with a message of grateful acknowledgement of the joy I feel in your phenomenally loyal, and wisely applied co-operation in this world-wide campaign of the sympathetic nerve and its demand to be reckoned with in attempting to cure the sick.

As there is no substitute for truth, I feel perfectly safe in relying on it for the justification of my medical faith.

Let me assure you that your sympathy and companionship in this way of thinking is most thoroughly appreciated; indeed, it is precious beyond the power of words at my command to express.

E. H. PRATT.

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Here's to the heart that never wanders and to the tongue that never slanders.

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What though ten thousand faint,  
Desert, or yield, or in weak terror flee!  
Heed not the panic of the multitude;  
Thine be the captain's watchword—Victory.

—Bovar.

## THE KINGDOM OF HEALTH

C. T. HOOD, M.D., Chicago, Illinois.

### Sanitation of the Tubercular Patient

**R**EMEMBER, a person who has tuberculosis, coughs and spits more or less all the time, and that in the sputa there are thousands of tubercular germs, any one of which, if it find lodgement in some one else's nose, throat or bronchial tubes, and finds the right sort of soil, will cause tuberculosis in that individual.

Keeping this fact in mind, and remembering the thousands who are suffering with this disease, it is no wonder that so many cases of this disease exist. It is a marvel that the members of the human race, as a race, do not all have tuberculosis. All that prevents it is the fact that Nature in her wonderful laboratory, the human body, provides a way when the body is in good health to kill the tubercular germs that find lodgement in the human nose, throat or bronchial tubes.

Keep in mind the fact that wet tubercular germs can do no one any harm unless they be taken into the stomach. The sputa must dry. Then the germs are carried by the wind or draughts in the dust to the individual.

Societies, local and national, have been, and are being organized all over the civilized world, to raise funds to care for those suffering from this disease. Open air schools, tent colonies, both private and state, state institutions of all kinds have been, and are being erected at enormous expense to care for these unfortunates. All praise to such movements. Words are not adequate to express our admiration and commendation of any and all these movements, but why wait until the house is afire before calling the fire department, when one bucket of water at the right place and in the right time would put out the fire?

Health authorities tell us that tuberculosis costs our country in expense to care for those suffering, and in earning capacity lost, an amount of money that is appalling. Yet we are spending hundreds of thousands of dollars each year caring for these poor people. The societies named are spending hundreds of thousands more, and still

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the authorities permit the cause of the disease to go unchecked. Anti-spit laws have been enacted in many towns and cities, but are rarely enforced. The law prohibits spitting on the sidewalk, in public places or public conveyances, yet permits spitting on the street. What is the difference?

### **Familiarity Breeds Contempt**

If an epidemic of yellow fever or cholera were to spread over our land and there were as many deaths each day as now die from tuberculosis of all forms, the cities would be depopulated, business would be at a standstill and the government would pour money into efforts to stamp out the epidemic.

It is only one more illustration of familiarity breeding contempt.

We have seen the poor consumptive all our lives. We know he coughs and spits. We know that most of them die. Yet we go our way, permitting him to spread his disease broadcast without a protest.

When will the American people wake up? Who shall be the Lincoln to deliver them from the tubercular scourge, the Great White Plague?

### **What Should Be Done**

But you ask, "What are we to do?"

FIRST—Require by law, and see that it is absolutely enforced, that a personal examination of every employe in every shop, factory and every other kind of employment be made by competent examiners.

SECOND—Require a house to house canvass at least once in six months, demanding a competent physician's certificate of no tubercular condition existing in the home and permit no evasion of the law, and make it cost the physician his license and a year in jail if he make a false statement.

THIRD—Require that every case of tuberculosis be reported to the health department with the name and address, and have these printed and published in the daily or weekly papers. "Oh," but you say, "that would never do. Think of the hardship. Think of being shunned by our friends. Think of being branded like cattle." If you knew that in the house across the street from where you live was a case of smallpox and you saw the man with the disease going to work on a crowded car, what would you think? "Oh," but you say, "that is different." Yes, it is very different. Smallpox kills a few hundred each year. Tuberculosis kills one-seventh of the people

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who die each year.

FOURTH—Make the punishment for spitting by a tubercular patient anywhere but in a sanitary manner to be described later, so severe, and see that it is enforced upon rich and poor alike, that no tubercular patient would dare to spit where the sputa could do harm.

"Oh, shucks!" says some one. "We can never do these things. If we cannot get rid of tuberculosis in any other way, I guess we will always have it." Then you will always have it.

But, dear reader, if the time ever comes, and we hope it never may, when one of your dear ones, whether you be among the rich or poor, begins to lose flesh, the cold that you think he has does not get better, the cough continues, the fever comes, the night sweats and the red spot on the cheek in the afternoon, and in spite of all you do, life is fading away— Then, alas, when it is too late, you will wake up in your sorrow and say, "Why has this curse of God come upon me?"

Friend, it is not God's curse; it is man's curse. As we sow, so shall we reap. The American people are today sowing a crop of tubercular germs that will keep the grim reaper's scythe busy for years to come.

Wake up, ye people! Arise in your might! Demand, as your ancestors did, liberty, not death! Stop this spitting of tubercular germs broadcast and we can wipe out the Great White Plague.

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Excessive functioning of any organ indicates an oversupply of blood to that organ. The cause is invariably some form of nerve irritation. This may be associated directly with the organ in question, or reflected from some remote point of nerve distribution.—*E. H. Pratt, M.D.*



GEORGE H. TRUAX, M.D.

*President Oklahoma Association of Official Surgeons.*

Dr. Truax is a native of Ontario, Canada, the son of Dr. John B. Truax, army surgeon in the British army. He received his medical education in the Florida University and the Medical Department of Michigan University.

Dr. Truax is allied with the Eclectic School of Medicine and has occupied numerous positions of honor in his state, some of which were President of the Oklhaoma Eclectic Medical Society, member Oklahoma State Board of Medical Examiners, Surgeon Oklahoma Central Railway, and now occupies an important position in the United States Indian Service, that of house physician of Collins Institute, a Federal school for boys. He is well and favorably known throughout Oklahoma. Like most worth-while people, Dr. Truax is unaffected and unassuming in his manner, impressing strangers with his earnestness, his impartial method of investigation and his deliberation in reaching conclusions.



## SPECIFICS IN GYNECOLOGY

GEORGE H. TRUAX, M.D.

Stonewall, Oklahoma.

(Read before the Oklahoma Eclectic Medical Association,  
Guthrie, Oklahoma, May 12, 1914.)

*Mr. President and Gentlemen of the Oklahoma Eclectic Medical Society—*

I have made a specialty of the diseases of women for several years, both acute and chronic—a specialty that we are too prone to neglect. The injudicious use of the knife and ignorance have been the means of the unsexing and killing of thousands of our women, who could have been cured by non-surgical treatment, by using the specifics that the Lord in His great kindness and knowledge, has created for the healing of the nations. Eclectics are noted for their briefness in all their works on practice and materia medica, and I find after many years of practical experience that this is best. I will, therefore, be brief.

Specifics as used by Eclectics, do not mean a specific for the cure of a certain disease, but for indications only. I do not believe we will ever have specifics according to the acceptance of the term, that is, single remedies for the cure of a disease according to our present nosology, that is, a remedy to arrest inflammation of the lungs, a remedy for pleurisy, a remedy for dysentery, for rheumatism, etc.

I am satisfied that we have medicines or specifics for pathological conditions; the whole tendency of medicine is in this direction, and we have a long list of remedies which are positive in action and which—diagnosis being correct—will always give the same results. Of such remedies I need only to specify such as are indicated in gynecology, and have been used in my practice in diseases of the female, for many years, with quite universal success, among which I will mention remedies used by eclectics and also by homeopathic physicians, that have served my wants best for many years. In my practice in the treatment of diseases of women, I also include

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specific manipulation as well as hygienic care. I will first mention,

### SPECIAL REMEDIES FOR PREGNANT WOMEN

In one of our medical journals I read that a doctor should have thirty-three instruments and fourteen remedies in his trunk! Then he is prepared to attend an obstetric case. In the four thousand hours of instruction given in our best medical colleges to students during the winter, fifty per cent of the time is devoted to surgery. Thus it would seem that colleges deem it much more important to know how to cut up a patient than to know how to cure him. How much time is given in teaching students how to prepare a pregnant woman for her "hour of trial"? None at all. To-day great stress is laid upon the "operative" treatment of midwifery. As a result of such teaching the average doctor goes to an obstetrical case with visions of turning abnormal presentations, etc. He expects trouble, and he generally gets it. One thing he always seems to forget is that childbirth is a natural process of nature, and that meddling midwifery is bad, and in most cases is entirely uncalled for; that in nine cases out of ten, nature will do the work if we let her alone and don't "butt in." The young doctor is impatient; he is in a hurry; he likes to "play to the grandstand" by the use of instruments, and collect an additional fee for applying the forceps. He tells the husband all kinds of ghost stories of what will happen to the woman if he does not deliver her with instruments. If the pains are not strong enough to suit him he gives ergot. That remedy causes powerful contractions of the uterus and has killed thousands of babies in this world. The use of instruments to deliver a woman at confinement is the cause of sixty thousand women in the United States being affected with cancer of the uterus. In my own practice of about thirty-five years I have only used the forceps once during that time. I have attended over a thousand cases of confinement and have never had a case of laceration of the perineum or puerperal convulsions in my own practice, although I have seen them in the practice of other physicians. Why did I not meet with such cases in my practice? Because I always put the woman under the proper course of preparatory treatment before the expected labor. The Indian women never have a doctor in confinement. They drink squaw wine, partridge-berry tea before the confinement and have quiet and easy labor.

The eclectics have used the partridge-berry (*Mitchella repens*)

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for the past seventy-five years as a preparatory treatment for childbirth, and it has given them splendid success in obstetrics. When I have a case of confinement to attend, I always give the woman, about two months before the expected time, the following remedy:

Spec. Med. Mitchella.....4 oz.  
Fl. ext. Cimicifuga.....4 drachms  
Syr. Sarsaparilla, Qs.....8 oz.

*Directions*—A teaspoonful after each meal and at bed time. When this remedy has been used beforehand as directed, I have had no postpartum hemorrhage or convulsions. The labor is generally quick and easier than it would be without the preparatory medicine.

If albumen appear in the urine previous to full term, you should give Fluid Extract Eupatorium Purpureum in doses of fifteen drops three times a day. This will speedily clear it up.

I would urge my brother physicians to lay aside their prejudice and give these remedies a fair trial in their cases of expectant labor. If they will, it will prove a godsend to thousands of expectant mothers. If there are symptoms of abortion—pain and flowing—give half a teaspoonful of Hayden's Viburnum Compound once in two hours, in a little cold water. In threatened placenta previa this remedy has helped me delay the accident. In a case of false conception where it seems as though the woman would flow to death, this remedy will gradually check the flooding.

Some women have weak hearts in pregnancy. These should be given three drops Spec. Medicine Digitalis, three times a day, to strengthen the heart's action.

Pregnant women will frequently crave chalk, and suffer from the toothache. It is the demand of the system for lime. Let them nibble a piece of chalk several times a day, or give five grains phosphate lime, three times a day. It is the best way to cure the toothache in a pregnant woman, and when the child is born there will be more probability of a healthy child, and you will have less trouble during detention.

To harden the nipples the yolk of an egg and glycerine, equal parts, is a good remedy. Apply once or twice a day, a month before the expected confinement.

"Morning sickness" is a great distress to the pregnant woman. Inserting the index finger three quarters of an inch inside the uterus

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to dilate the external os has cured many cases. In my practice Oxalate Cerium, five grains three times a day, or ten grains of ingluvin after each spell of vomiting, has proved very effectual.

Plethoric women are often troubled with nervousness, have horrible dreams, are frequently wakeful. In such cases bromide soda is the needed remedy, dose five to ten grains, once in six hours. In cerebral congestion, flushed face, cold hands and feet, throbbing carotids, veratrum viride is the needed remedy; give five drops of the Spec. Med. Veratrum once an hour till three doses are given; afterwards, once in three hours.

For the hysteria and hysterical spasms sometimes present, you should give bromide camphor; dose, five grains, first decimal, every fifteen minutes until relieved. Sometimes there will be trouble with the bladder, and the pregnant woman will complain of having to urinate very often. In such cases tincture staphisagria is the indicated remedy; dose, five drops of the sixth decimal every two hours. Cramps in the calves of the legs during the months of pregnancy can be helped by five-drop doses of viburnum opulus, once an hour. For pain and soreness of the abdomen, in the last month, I like bathing the part with one ounce warm sweet oil to which has been added one fl. drachm tinct. arnica. The abdomen should be bathed each night during the last month of pregnancy. Some women are very irritable when pregnant. Nothing pleases them. For such cases we have chamomilla; dose: add twenty drops to a glass of water; mix and give a teaspoonful every two hours. Pain under the left breast is often met with. Give these cases two grains first decimal Macrotin, once in three hours. If the urine is scanty, sometimes dark, at other times profuse, with edema of the face and feet, digitalin is the remedy; dose, two grains, second decimal digitalin, once in three hours. If there is anemia, iron should be given. The administration of this remedy will often prevent hemorrhage after labor in women who are predisposed to it. If a woman in the last stages of pregnancy become enfeebled, pale, anemic, dyspeptic, urine excessive or deficient in quantity—sometimes albuminous, with great depression of spirits, helonias is the remedy, especially when simulating Bright's disease; or Mitchella comp. as mentioned in the early part of this article, will help those "cramp-like" pains of women in the latter months of pregnancy.

In some cases you will get excessive salivation during some part of their pregnancy. For this condition, Jaborandi is the remedy.

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A dropsical condition is a distressing complication sometimes met with in pregnancy. The best remedy to remove the dropsy is Ext. Elaterium; dose, one-tenth grain every four hours. It will produce diuresis and fluid discharges from the bowels. It has prevented coma and convulsions in the uraemia of pregnancy. For the heartburn which frequently presents itself, you can give a teaspoonful of elixir lactopeptine or peptenzyme after meals.

Do not tell a pregnant woman, as some doctors do, when called to prescribe, "Oh, it's your condition; you must expect all these things until after you are confined." Such a doctor should be discharged and one engaged who knows how to care for a woman during pregnancy.

You may be called to a case of severe flooding during confinement, and such cases one never forgets. If ever a doctor needs to have the right remedy, it is then. I have used a remedy which has never failed me even in the worst cases; every doctor should keep it in his satchel and have no fear of the "bleeders." It is the following:

Sulphuric acid (by weight).....5 drachms  
Oil turpentine fl.....2 drachms

Mix. Place the acid in a wedgewood mortar, slowly add the turpentine to it, stirring the mixture constantly with the pestle. Then add alcohol 503 minims, in the same manner constantly stirring until all the fumes arise. Place it in a well-secured glass-stopper bottle. If properly made, the mixture will be dark red color like dark blood. But if it is a pale dirty red color it is not fit to use. After a few days a pellicle forms on the surface which must be broken and the fluid below it used when needed. Dose: into an ordinary tea cup, place a teaspoonful of brown sugar, add forty drops of the above mixture; mix them thoroughly together. Slowly stir in water until the cup is nearly full. This should be immediately swallowed by the patient. Repeat the dose in an hour if needed. This is called "Warren's Styptic Balsam" and was used by him for hemorrhages from the uterus, stomach, lungs and nose. It is one of the remedies handed down to us by the fathers of the eclectic school of medicine.

I will now mention a few "Special Remedies for Non-Surgical Diseases of Women."

I am well aware of the fact that the average physician in this

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country is not well posted in the medical treatment of the diseases peculiar to females. Many cases are sent to specialists to be treated or to have an operation performed. The general practitioner should make it his business to know how to cure such cases himself. Our country expects so much of her mothers, for the "hand that rocks the cradle is the hand that rules the world."

It is not a credit to any school of medicine to be obliged to admit that it cannot cure the most common ailments of woman without an operation. It is one of the sins that we as a profession are called to answer for before the bar of public opinion. I will now, in my humble way, try to tell you how I treat such cases. Girls at puberty, when their menses are delayed, develop headache, wandering pains, chorea, and sometimes hysteria and epilepsy. There is one remedy indicated in such cases. *Caulophyllum* in the form of *Leontin* (Lloyds) given in fifteen-drop doses in a little sweetened water once in three hours. A girl may be anemic; she does not menstruate because she has not the blood to spare. We can aid nature in this crisis by ferrum. When the face and lips are pale and have a bluish color, the face becomes red from the least pain or emotion, we should prescribe three tablets once in three hours, of the third decimal trituration of ferrum. If the girl complain of cold hands and feet, and has a dry, rough skin with suppressed menses, or they may be irregular, seven drops of tincture *sanguinaria* three times a day, will cure.

If the menses are delayed by wet feet in a woman of mild, gentle disposition, *pulsatilla* will be found valuable. Add twenty drops of spec. med. *pulsatilla* to aqua oz. iv. and give a teaspoonful every hour. If with the suppression of the menses, the patient is extremely restless, skin dry and hot, vagina dry and hot, twenty drops spec. med. *aconite* in a glass of water, a teaspoonful every hour, will remove the disagreeable symptoms.

In amenorrhea of young girls, with aching pains in the hips and loins, a feeling of weight and tension in the loins, tincture *polygonum punctatum* is the remedy. Add II drops to aqua oz. iv. and give a teaspoonful in three hours. With irregular menstruation with uterine or cervical leucorrhea, that replaces the menses, we need spec. med. *senecio*. It is the female "regulator." Add 1 drachm to 6 oz. of water and give a teaspoonful every three hours.

For profuse menstruation, where there is pain extending from the back to the pubes, and the blood is partially fluid, with a dis-

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charge of blood sometimes between the periods, sabina is the remedy; put ten drops of tincture sabina in a glass of water and direct your patient to take a teaspoonful every hour. If the menses are too frequent—come every two weeks and last seven or eight days with profuse, yellowish leucorrhea between the periods—the second decimal trituration of trillium should be administered. Give three tablets four times a day.

In some women the menses are dark colored, with many clots; the menses are long continued, a slow persistent oozing discharge of blood. The os has a soft, spongy feeling and is somewhat dilated. For such a condition the ustilago maydis is the proper remedy. Give three tablets of the first decimal trituration three times a day. If the menses are black, viscid, clotted in long black strings and a sensation experienced as if there was something alive in the abdomen, tincture crocus satavias should be given. Direct your patient to take five drops of this remedy in a little water every three hours. For painful menstruation, when the patient has intense cramping pains in the uterus, menses scanty and a heavy congested feeling in the ovaries, viburnum opulus is an excellent remedy. I have relieved many cases by spec. medicine gelsemium in small doses, every fifteen minutes till better. The best prescription for the relief of such cases is

Spec. Med. Gelsemium.....	20 drops
Spec. "Viburnum Op.".....	2 drachms
Leontin (Lloyds) .....	3 drachms
Simple syrup Qs.....	6 oz.

*Directions*—A teaspoonful every half hour until relieved.

To cure such cases fl. ext. viburnum prunifolium, twenty drops in a half teaspoonful of simple elixir four times a day, to be administered between the periods.

Magnesia phosphate is indicated in cramping pains relieved by heat, and when the dysmenorrhea is of a purely neuralgic character, ten grains of the third decimal trituration should be put in a cup of hot water and two teaspoonfuls given every few minutes. When the pain is of a gripping, twisting nature, made worse by bending forward and lying down, relieved by standing on the feet and bending backward, the spec. medicine dioscorea, will relieve. Add spec. med.

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dioscorea, 1 drachm to 4 oz. of water, give a teaspoonful every half hour.

In congestive dysmenorrhea with headache, in plethoric girls and women, where the menses are scanty and the pulse hard and tense, we should not forget spec. med. veratrum viride. Give five to ten drops three times a day.

For pruritus of the vagina there is one prescription which I have used for many years that has never failed to stop the itching of these parts. It is the following:

Powdered borax .....	4 drachms
Fl. ext. hydrastis .....	2 drachms
Aqua .....	4 oz.

*Directions*—Bathe the parts four times a day.

If you will use the remedies that I have enumerated in this article where indicated, you will not be disappointed. Of course, if it is necessary to use local treatment, do so as required and as your judgment dictates.

You may smile that I suggest some homeopathic medicines. I assure you that I have had success in their use, and as the word "eclectic" means to choose, I hope you will not object to my choosing that which my experience has taught me is the best.

I feel I owe a debt of gratitude to Professor John Uri Lloyd, Ph.M., the author, teacher, the traveler and pharmacist, as a slight testimonial of my profound respect for the man who has done so much for the cause of "definite medication" by presenting to the physicians of the world, remedies that are so reliable, so convenient for dispensing, and so definite in their action. May his reward, hereafter, be, "Well done, good and faithful servant; enter thou into the joy of thy Lord."

Also to that old wheel horse of "definite medication," Eli G. Jones, M.D., whom I have frequently quoted in this article, and who is now doing a great work for progressive medicine throughout the United States.

I am ready to seize upon truth wherever found on Christian or heathen ground. Therefore, I am an Eclectic.



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Following the paper by Dr. Truax there was considerable discussion regarding the doctor's statements as to laceration and non-laceration of the perineum. Dr. Dawson read to the society an extract from a paper and lecture by Dr. C. Edward Sayre of Chicago, printed in the Official Journal, as follows:

"For some unaccountable reason the majority of physicians who deliver women tell them they are not torn a particle. I have had patients tell me that time and again. They ask the doctor if they were torn when the babies were born and they are told, 'No, not a bit.' Put them on the table, however, and you will often find that they are torn as far as the sphincter ani. As long as the sphincter ani is intact, they say they are not torn.

"I think every gynecologist will bear me out in the statement that seventy-five per cent of our women who have borne several children come to the gynecologist's table saying that they are not torn a bit, and yet we find the vaginal outlet will admit the fist, almost. The perineal muscles are torn, sometimes, when the skin is not, that is, you have a subcutaneous tear of the muscles, causing a prolapsus of all the organs,—the bladder and the rectum, drawing down the uterus."

Dr. H. Michener of Wichita, Kansas, also spoke upon the subject; also Dr. J. J. Entz of Hillsboro, Kansas, discussed the paper on this most important point, and the editor of the JOURNAL OF THE AMERICAN ASSOCIATION OF ORIFICIAL SURGEONS spoke of Dr. Sayre's method of performing episiotomy.



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